



Activity: ARMPIT FUDGE

Zone: COOKING

You will need

50gm icing sugar, 1 tablespoon soft butter, 2 teaspoons soft cream cheese, 2 teaspoons cocoa powder, dash of vanilla essence, Ziploc bag

Instructions

- Wash your hands.
- Place all the ingredients in the Ziploc bag & seal well taking care to expel the air out of the bag before sealing.
- Squish & squash the bag (under the arm) until all the ingredients are well mixed & it is a creamy consistency.
- Raisins/nuts/chocolate chips etc can be added at this stage (optional)
- Grab a spoon & enjoy!
- For a firmer fudge put it in the fridge to set before eating

Links

<https://www.youtube.com/watch?v=poneQ214T5w> (credit to Mike Rouse-Deane Scoutadelic)

Risk Assessment

Who is at risk?	Beaver Scouts & those eating the fudge
What are the risks?	Food poisoning
How can the risks be minimized?	Adequate adult supervision at all times. Parent to ensure hands are washed adequately.

Beaver Scout badge link:

Cook

