

Beavers Cook Activity Badge



Activity: Bacon and Vegetable Slice

You will need;

- 5 eggs
- ½ cup low-fat milk
- ½ cup self-raising flour
- ½ cup tasty cheese
- ½ cup bacon diced
- 2 cups mixed vegetables diced
- ¼ cup shredded fresh basil
- 1 pinch salt and pepper

Instructions

Pre heat oven to 180C

Whisk eggs with milk in a large bowl. Add self-raising flour to the mixture, then add mixed vegetables, bacon and herbs.

Season with salt and pepper.

Mix ingredients until combined and pour into a prepared lined and greased pan.

Bake for 30-35 minutes, until golden and firm.

Cool in pan. Cut into slices and serve with a salad.

<https://www.bestrecipes.com.au/recipes/bacon-vegetable-slice-recipe-2/maj4akpy>

Risk Assessment

Who is at risk?	Beavers
What are the risks?	Cuts Burns
How can the risks be minimized?	Adults must supervise at all times, especially use of knives, graters & oven. Use Oven gloves.